

FOOD MENU



ROWNEZ
R E S O R T

ROWNEZ FOOD ALLERGY NOTICE

Please Alert Your Server If You Have Any Allergies/Preference.

BREAKFAST MENU

NATIONAL BREAKFAST

Boiled/Fried Yam	N8,800
<i>Served with a choice of Vegetable Sauce/Tomatoes sauce/ Egg Sauce</i>	
Boiled/Fried Potato	N8,500
<i>Served with a choice of Vegetable Sauce/Tomatoes sauce/EggSauce</i>	
Boiled/Fried Plantain	N8,800
<i>Served with Vegetable Sauce/Tomatoes sauce/EggSauce</i>	
Fried Yam and Tomatoes Sauce	N8,800

BREAKFAST EXTRAS

Baked Beans	N3,500	Egg sauce	N3,800
Beacon	N3,500	Custard	N3,500
BoiledYam/FriedYam	N3,700	Oat N Milk	N4,500
Boiled/Fried Plantain	N4,200	Fish Sauce	N6,500
Boiled/Fried Potato	N3,300	Pancake	N4,000
Toast/Plain Bread	N2,500	Spanish Omelet	N5,000
Sardine Omelet	N7,000	Scrambled Egg	N5,500
Fried Egg Extra	N3,800	Omelet and Chips	N6,800
Pancake With Sunny Side Egg	N7,000	Chips(Yam/Potatoe	N3,800
Moi Moi	N3,000	Omelets extra	N3,800
Corned Beef Sauce	N6,000	Hot Dog extra	N3,200
Finger Foods and Small chops	N7,500	Egg Sauce with Sardine	N6,500
Tomatoes sauce extra	N4,500	Omellete and Hot dog	N6,500

TEA

Pot Of Tea	N2,500
Pot of tea with liquid milk	₦3,900
Pot Of Coffee(With Evap Milk)	N2,900
Pot of Green Tea	N2,000

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Pot of Coffee(Raw)With Milk **N4,800**

Extra Evap Milk **N1,500**

Pot of Coffee stick **N1,600**

BREAKFAST MENU

CONTINENTAL BREAKFAST

Egg, Toast—*With Tea or Coffee* **N8,800**

Omelets and Hotdogs **N7,000**

FULL ENGLISH BREAKFAST **N11,000**

*Toast, Sausage, Omelet, Seasoned Veg,Baked Beans,Oat or Custard,
with a choice of Tea or Coffee.*

BURGERS & SANDWICHES

Cheese burger **N11,000**

*Beef Patty,Cheddar Cheese,Onions, Tomato, Lettuce and
Toasted Burger Bun Served with Fries*

Rownez Club Sandwich **N11,000**

*Light Toast, Cucumber,Tomatoes,Lettuce,Eggs and Grilled Chicken
Served with French Fries*

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MAIN DISHES

PLAIN SPAGHETTI/STIR FRY SPAGHETTI

Served with Beef/Chicken/Goat Meat/Fish **N9,800**

Served with Croaker Fish/Snail/Turkey **N12,000**

SPAGHETTI BOLOGNESE/PENN PASTA

Served with Beef/Chicken/Goat Meat/Fish **N10,500**

Served with Croaker Fish/Snail/Turkey **N12,000**

ABONITA SPAGHETTI

Served with Beef/Chicken/Goat Meat/Fish **N11,000**

Served with Croaker Fish/Snail/Turkey **N12,500**

Rownez Special Spaghetti **N11,500**

Pasta Jambalaya **N12,000**

Spaghetti with Sardine **N10,000**

NOODLES

Plain Noodles **N7,500**

Noodles Garnished with Veggies, Served with Fried/Boiled Egg

Singapore Noodles

Rice Stick Noodles Cooked with Assorted Veggies & Spices Serviced With a choice of Shredded Beef/Chicken. **N11,500**

Rice Stick Noodles Cooked with Assorted Veggies & Spices Serviced With a choice of Croaker Fish/Snail/Turkey. **N14,500**

Spaghetti Carbonara

Spaghetti AlAdente with Mushroom, Olive Oil, Cheese ,Egg Yolk, and Garlic Served with Cheese Sharing, Shredded Beef/Chicken **N12,000**

Spaghetti AlAdente with Mushroom, Olive Oil, Cheese, Egg Yolk, and **N14,000**

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Garlic Served with Cheese Sharing, with a choice of Croaker Fish/Snail/Turkey

MAIN DISHES

Noodles with Chicken/beef/goatmeat	N9,500
Noodles with Croaker Fish/Snail/Turkey	N11,500
Noodles with Sardine	N10,000

PORRIDGE BEANS

Served with Beef/Chicken/Goat Meat	N9,500
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PORRIDGE YAM/PORRIDGE PLANTAIN

Served with a choice of Beef/Chicken/Goat Meat/Fish	N10,500
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UKWA PORRIDGE

Served with Beef/Chicken/Goat Meat	N10,000
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Served with a choice of Croaker Fish/Snail/Turkey	N12,000
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BANGA(White Rice)

White Rice Served with a choice of Beef/Chicken/Goat Meat	N10,000
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Served with a choice of Croaker Fish/Snail/Turkey	N12,000
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BANGA(Basmati Rice)

Basmati Rice Served with a choice of Beef/Chicken/Goat Meat	N11,000
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Basmati Rice Served with a choice of Croaker Fish/Snail/Turkey	N12,000
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STEW(White Rice)

White Rice Served with a choice of Beef/Chicken/Goat Meat	N10,000
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Served with a choice of Croaker Fish/Snail/Turkey	N13,000
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STEW (Basmati Rice)

Basmati Rice Served with a choice of Beef/Chicken/GoatMeat **N10,500**

Basmati Rice Served with a choice of CroakerFish/Snail/Turkey **N12,500**

JOLLOF RICE/FRIED RICE/COCONUT RICE

Served with Beef/Chicken/GoatMeat **N10,000**

Served with CroakerFish/Snail/Turkey **N12,000**

JOLLOF RICE/FRIED RICE/COCONUT RICE(Basmati Rice)

Served with Beef/Chicken/GoatMeat **N11,000**

Served with CroakerFish/Snail/Turkey **N13,000**

NATIVE RICE

Served with Beef/Chicken/GoatMeat **N10,000**

Served with CroakerFish/Snail/Turkey **N12,000**

Served with DryFish **N11,000**

ROWNEZ SPECIAL FRIED RICE

Served with Beef/Chicken/GoatMeat **N12,000**

Served with CroakerFish/Snail/Turkey **N14,000**

ROWNEZ SPECIAL FRIED RICE(Basmati Rice)

Served with Beef/Chicken/Goat Meat **N12,000**

Served with CroakerFish/Snail/Turkey **N14,000**

ROWNEZ SPECIAL FRIED RICE WITH SEA FOOD N15,000

MINCED MEAT SPECIAL FRIED RICE

Served with Beef/Chicken/Goat Meat **N12,000**

Served with Croaker Fish/Snail/Turkey **N14,000**

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SWALLOWS

BITTER LEAF/OHA/EGUSI/NATIVE/AFANG SOUPS (SEMO, GARRI, WHEAT, POUNDO)

Served with Beef/Chicken/Goat Meat	N10,000
Served with Croaker Fish/Snail/Turkey	N12,000
Served with Dry Fish	N12,500

BANGA SOUP/OGBONO SOUP/WHITE SOUP(SEMO,GARRI,WHEAT,POUNDO)

Served with Beef/Chicken/Goat Meat	N10,000
Served with Croaker Fish/Snail/Turkey	N12,000
Served with Dry Fish	N12,500

OKRO/WHITE SOUP(SEMO,GARRI,WHEAT,POUNDO)

Served with Beef/Chicken/Goat Meat	N10,800
Served with Croaker Fish/Snail/Turkey	N12,500
Served with Dry Fish	N13,500

VEGETABLE SOUP(SEMO,GARRI,WHEAT,POUNDO)

Served with Beef/Chicken/GoatMeat	N10,800
Served with Croaker Fish/Snail/Turkey	N12,500
Served with Dry Fish	N13,500

ESAM SOUP (SEMO, GARRI,WHEAT,POUNDO)

Served with Beef/Chicken/Goat Meat	N10,800
Served with Croaker Fish/Snail/Turkey	N12,500

ROWNEZ SPECIAL NATIVE SOUP/ANARA (SEMO,GARRI,WHEAT,OAT,POUNDO)

Served with Beef/chicken/Goat Meat	N12,500
Served with Turkey/Croacker fish/Snail	N13,500
Served with DryFish/Stockfish	N15,500

FISHERMAN OKRO(SEMO,GARRI,WHEAT,POUNDO)

Served with Beef/Chicken/GoatMeat/Turkey	N11,500
Served with Croaker Fish/Snail	N13,000
Served with Catfish	N13,000

SEA FOOD OKRO(SEMO,GARRI,WHEAT,POUNDO)

Served withBeef/Chicken/GoatMeat	N11,500
Served with CroakerFish/Snail/Turkey	N13,000
Served with Catfish	N13,000

EXTRAS

Extra Swallows (Semo, Garri, Wheat, Pouno Yam)	N3,000
Extra Croaker Fish/Snail/Turkey	N7,500
Extra Soups:	
Bitter Leaf/Oha/Egusi/Native/White Soup/Afang Soup	N5,000
Okro Soup/Ogbonno Soup	N5,500
Vegetable Soup	N5,500
Seafood Okro Soup	N7,000
Extra Noodles/Plain Rice	N5,500
Extra Fried Rice/Jollof Rice/Spaghetti/Basmati Plain Rice/Coconut Rice	N5,500
Extra Basmati Fried rice	N6,000
Extra Vegetable Sauce	N5,000
Extra Tomatoes Sauce	N4,500

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Extra Croaker Fish Sauce/Gizzard Sauce	N9,000
Extra Goat meat Sauce	N6,000
Extra Porridge Yam	N6,000
Extra Porridge Beans	N5,500
Extra Porridge Plantain	N6,500
Extra Chips	N4,000
Extra Bolognese Spaghetti	N5,500
Extra Kpom	N3,000
Extra white bean	N4,000
Mashed potatoes	N7,000
Extra Prawns	N7,000
Jumbo Prawns	N7,000
Yamarita	N7,500
PLATTER MEAL	N35,000

CONTINENTAL DISHES

GRILLED JUMBO PRAWNS	N11,500
Served with Grilled Vegetables choice of/White Rice/Mashed Potatoes/Fried Rice	
GRILLED STEAK	N11,500
Marinated in Ginger & Garlic Soy Sauce served with Mushroom Sauce With a choice of White Rice, Mashed Potatoes/Fried Rice	
BUTTERED CHICKEN CURRY	N11,000
Spiced Tomato, Butter, Cream Sauce, and a Bed of Lettuce with Basmati Rice.	
BEEF TENDERLOIN	N11,500
Spiced Tomato, Butter, Cream Sauce, and a Bed of Lettuce with Basmati Rice, Wrapped in Bacon, braised with Balsamic sauce, served with vegetable.	
CHICKEN AND CHIPS/GIZZARD AND CHIPS/GOATMEAT AND CHIPS	N9,000
FISH AND CHIPS/SNAIL AND CHIPS/TURKEY AND CHIPS	N10,000

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PENNE PASTA WITH GOATMEAT/CHICKEN/BEEF/GIZZARD
PENNE PASTA SNAIL/CROACKER/TURKEY
SINGAPORRE NOODLES

N11,000
N14,500
N10,000

SALADS

Vegetable Salad	N8,500
Tuna Salad	N9,500
Rownez Special Salad	N9,000
Fruits Salad	N5,000
Salad with Chicken/Beef/Gizzard	N10,000
Salad with Snail/Fish/Turkey	N11,000
Macaroni Salad	N9,500

SOUPS

N10,000	Chef's Special Soup of the Day (Chef's Signature Ingredients)
N20,000	Whole Catfish Peppersoup
N22,000	Whole CroakerFish Peppersoup
N8,000	Portioned Catfish Peppersoup
N6,000	Goat Meat Peppersoup
N7,000	Assorted Peppersoup
N7,500	Pepper Soup Turkey
N6,500	Chicken PepperSoup
N9,000	Portioned CroakerFish PepperSoup

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N10,000	Snail PepperSoup
N27,000	Full Chicken PepperSoup
N5,500	PepperSoup Crab
N10,000	Yam PepperSoup with Dryfish
N6,000	Titus Fish Peppersoup

All Soups Are Served with Fresh Bread Rolls/Sliced Bread.

BOTTLED WATER

Big Bottle	N1,500
Small Bottle	N700
Juice Pack	N5,000
Hollandia Yoghurt	N5,000

All Brands of Chivita Juice(Apple/Orange/Pineapple)

SMALL BITES

Peppered GoatMeat Deep Fried & Sautéed Tender Goat Meat in Spicy Nigerian Pepper And Tomato Sauce	N5,500
Peppered Beef Deep Fried & Sautéed Beef Meat in Spicy Nigerian Pepper And Tomato Sauce	N5,500
Pepper Gizzard Deep Fried & Sautéed in Garlic, Ginger, Local Spices and Seasonal Vegetables	N5,500

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Peppered Turkey	N7,000
Deep Fried & Sautéed in Spicy Nigerian Pepper and Tomato Sauce	
Peppered Snail	N7,500
Spiced and Sautéed with Traditional Peppers, Garlic, Ginger And tossed to Crunchy Perfection.	
Peppered Stockfish	N9,000
Sautéed Stockfish in Spicy Nigerian Pepper and Tomato Sauce.	
Chicken Wings	N6,000
Tender and Crispy Par Sautéed Chicken Wings dipped in our Special home-made sauce.	
Peppered Fried Chicken/Fried Chicken Breast	N6,000
Peppered Fried CroakerFish/DryFish	N7,000
Peppered TitusFish	N5,500
Chicken Breast	N6,500
Whole Fried CroakerFish/Big CroakerFish Barbecue	N21,000
Gizzard Sauce	N6,500
Turkey Sauce	N8,000
Goat meat Sauce	N6,000
Peppered Crab	N5,000
Asun (Spicy Roasted Goatmeat)	N5,500
Isi-Ewu Spicy GoatHead)	N12,500
Nkwobi (Spicy CowFoot)	N5,500
Ugba Served with Beef/Chicken/GoatMeat	N9,000
Ugba Served with CroakerFish/Snail/Turkey	N11,000
Take Away Pack	N1000
Small Take Away Pack	N500
Catfish Take Away Dish	N3,200

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Grilled Turkey	N8,500
Grilled Chicken	N8,000
Whole Grilled Croacker Fish	N21,000

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BEVERAGES

MENU

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SOFT DRINK	PoolBar/RooftopBar
COKE	₦1000
FANTA	₦1000
FAROUZ	₦1500
SODA	₦1500
SPRITE	₦1000
TEEMSODA	₦1500
LIMCA	₦1000
PEPSI	₦1000
NON-ALCOHOLIC CHAPMAN	₦5000
AMSTEL MALT	₦1500
GUINNESS MALT	₦1500
MALTINA	₦1500

FRUIT & JUICE	PoolBar/RooftopBar
5ALIVE (Apple/Orange/Pineapple)	₦5,000
CHIVITA EXOTIC (Apple/Orange/Pineapple)	₦5,000
CRANBERRY	₦15,000
SPECIAL PARFAIT WITH WAFERS	₦8,000
PARFAIT	₦5,000
HOLLANDIA	₦5,000
CHIVITA	₦5,000
5 ALIVE JUICE PET	₦5,000
FRESH FRUIT JUICE	₦4,500
SMOOTHIE	₦5,000
HAPPY HOUR	₦5,000
VITA MILK	₦3,000

ENERGY DRINK	PoolBar/RooftopBar
POWER HORSE	₦3,000
POWER HORSE BIG	₦4,000
RED BULL	₦3,000
BULLET BLUE	₦3,000

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BULLET BLACK	₦3,000
MONSTER ENERGY	₦3,000
HUNTERS DRY	₦3,000
HUNTERS GOLD	₦3,000
CLIMAX ENERGY	₦3,000
FEARLESS ENERGY	₦1,500
ZAGG ENERGY DRINK	₦3,000

BEER	PoolBar/RooftopBar
33 LAGER	₦2,000
AFRICAN SPECIAL	₦2,200
BUDWEISER(BIG)	₦2,500
GUINNESS GOLD	₦2,000
GUINNESS STOUT(BIG)	₦2,500
GULDER	₦2,000
HARP	₦2,000
HEINEKEN BIG	₦2,500
HERO	₦2,000
ICE	₦2,000
LEGEND medium	₦2,300
LEGEND BIG	₦2,500
LIFE	₦2,000
ORIGIN(PLASTIC)	₦3,500
SNAP	₦2,000
STAR	₦2,000
STAR RADLER	₦2,000
STOUT(MEDIUM)	₦2,300
STOUT(SMALL)	₦2,000
TROPHY	₦2,000
SMIRNOFFICE	₦2,000
GOLDBERG	₦2,000
LEGEND SMALL	₦2,000
TIGER BEER	₦2,000

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DESPERADOS	₦2,000
1960 BITTERS	₦3,500
LEGEND	₦2,500
HEINEKEN SMALL	₦2,000
SHISHA	₦6000
DESPERADOS CAN	₦2,000
GUINNESS EXTRA SMOOTH	₦2,000
ORIGIN BOTTLE BIG	₦2,000
TROPHY STOUT	₦2,000
EXTRA SHISHA COAL	₦2,000
FLYING FISH	₦2,000
KOLAQ BITTERS	₦3,500
ODOGWU BITTERS	₦3,500
ACE BITTERS	₦3,500
ROYAL CHALLENGE	₦6,000
MC DOWELL SMALL	₦6,000
GORDONS DRY GIN SMALL	₦6,000
SMIRNOFF-DOUBLE BLACK	₦2,000
BEST CREAM LIQUEUR	₦5,000
ROYAL CIRCLE WHISKEY SMALL	₦6000

WINE	PoolBar/RooftopBar
CARLO ROSSI	₦30,000
ESCUDO ROJO	₦40,000
MASIA DUTTY	₦30,000
MOUTON CADET	₦30,000
CABERNET	₦30,000
FOUR COUSINS	₦30,000
PINOTAGE	₦30,000
BLOSSOM HILL	₦30,000
GUCCI BRUT	₦30,000
PURE HAVEN	₦25,000
CHAMDOR	₦25,000
BLOSSOM HILL SOFT AND FRUITY	₦30,000

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MC GUICAN RED WINE	₦30,000
BLOSSOM HILL	₦30,000
SHIRAZ	₦30,000
CABERNET PURPLE	₦30,000
FOUR COUSINS	₦30,000
4 TH STREET	₦30,000
DROSTY HOF	₦30,000
NEDERBURG	₦55,000
LONG ISLAND TEA	₦5,000
SEX ON THE BEACH	₦5,000
CHAPMAN	₦5,000
FROZEN DAKIRI	₦7,000
CHATEAU LIBERTAS	₦58,000
BARON DE VALLS	₦20,000
BARON ROMERO	₦20,000
DECLAN SWEET RED SMALL	₦15,000
DECLAN SWEET RED BIG	₦30,000
AGOR WINE	₦30,000

CHAMPAGNE	PoolBar/RooftopBar
CRYSTAL	₦230,000
ACE OF SPADE	₦290,000
DON PERIGNON BRUT	₦300,000
DON PERIGNON ROSE	₦300,000
MOET ROSE	₦105,000
BELAIRE ROSE	₦105,000
GLENMORANGE 18YRS	₦145,000
GLENMORANGE 10 YRS	₦125,000
AZUL	₦390,000
ANDRE ROSE	₦30,000
ANDRE BRUT	₦30,000
VEUVE CLIQUOT ROSE	₦165,000
VEUVE CLIQUOT BRUT	₦165,000

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COGNAC & BRANDY	PoolBar/RooftopBar
BLUE LABEL	₦310,000
HENNESSY XO	₦375,000
HENNESSY VS	₦125,000
HENNESSY VSOP	₦165,000
REMY MARTIN VSOP	₦95,000
BOTTEGA ROSE	₦95,000
BLUE LABEL	₦310,000
CHEVALIER	₦110,000
QC CREAM	₦30,000
KLIPDRIFT PREMIUM BRANDY	₦35,000
HENNESSY(SMALL)	₦45,000

APPERITIF	PoolBar/RooftopBar
CAMPARI(BIG)	₦35,000
CAMPARI(SMALL)	₦15,000
CAMPARI MEDIUM	₦25,000

VODKA /GIN /LIQUEUR	PoolBar/RooftopBar
ABSOLUTE VODKA	₦30,000
CÎROC	₦60,000
ABSOLUT VODKA RASPBERRY	₦30,000
ABSOLUT VODKA VANILLA	₦30,000
RUBIS	₦25,000
AMARULA	₦30,000
BAILEYS(BIG)	₦30,000
TEQUILA	₦50,000
IRISH CREAM LIQUEUR	₦30,000

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WHISKY	PoolBar/RooftopBar
BLACK LABEL	₺80,000
GLENFIDDICH 12YRS	₺92,000
GLENFIDDICH 15YRS	₺125,000
GLENFIDDICH 18YRS	₺165,000
GLENFIDDICH 21YRS	₺395,000
JACK DANIEL	₺45,000
RED LABEL	₺40,000
JAMESON GREEN	₺50,000
SCOTTISH LEADER	₺35,000
BAIN WHISKEY	₺45,000
DOUBLE BLACK JOHNEY WALKER	₺55,000
DUBOIS BRUT	₺30,000
JAMES REGAL	₺30,000
MARTINI ROSSO	₺25,000
MARTINI EXTRA DRY	₺25,000
MARTEL BLUE SWIFT (VSOP)	₺125,000
JAMESON BLACK	₺65,000
OLD CAPTAIN	₺30,000

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